**INCREDIBLE YEARS PARENT GROUP**

**PEER AND SELF-EVALUATION FORM**

Leader’s Name\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please comment on the parent group leader’s sessions based on the following criteria:



|  |  |
| --- | --- |
| **I. LEADER GROUP PROCESS SKILLS** | **COMMENTS** |

**Builds rapport with each member of group**

**Encourages everyone to participate**

**Models open-ended questions to facilitate discussion**

**Reinforces parents’ ideas and fosters parents’ self-learning**

**Encourages parents to problem-solve when possible**

**Fosters idea that parent will learn from each others’ experiences**

**Helps parents learn how to support and reinforce each other**

**Views every member of group as equally important and valued**

**Identifies each family’s strengths**

**Creates a feeling of safety among group members**

**Creates an atmosphere where parents feel they are decision-makers and discussion and debate are paramount**

|  |  |
| --- | --- |
| **II. LEADER LEADERSHIP SKILLS** | **COMMENTS** |

****

**Establishes ground rules for group**

**Started and ended meeting on time**

**Explained agenda for session**

**Emphasizes the importance of homework**

**Reviews homework from previous session**

**Summarizes and restates important points**

**Focuses group on key points presented**

**Imposes sufficient structure to facilitate group process**

**Prevents sidetracking by participants**

**Knows when to be flexible and allow a digression for**

**an important issue and knows how to tie it into session’s content**

**Anticipates potential difficulties**

**Predicts behaviors and feelings**

**Encourages generalization of concepts to different settings and situations**

**Encourages parents to work for long-term goals as opposed to “quick fix”**

**Helps group focus on positive**

**Balances group discussion on affective and cognitive domain**

**Predicts relapses**

**Reviews handouts and homework for next week**

**Evaluates session**

|  |  |  |  |
| --- | --- | --- | --- |
| **III.** | **LEADER RELATIONSHIP** |  | **COMMENTS** |
|  | **BUILDING SKILLS** |  |  |  |
| **Uses humor and fosters optimism** |  |  |  |
|  |  |  |
|  |  |  |  |
|  |  |  |  |  |
| **Normalizes problems when appropriate** |  |  |  |
|  |  |  |
|  |  |  |  |
|  |  |  |  |  |
| **Validates and supports parents’** |  |  |  |
|  |  |  |
| **feelings (reflective statements)** |  |  |  |
|  |  |  |  |  |
| **Shares personal experiences when ap-** |  |  |  |
|  |  |  |
| **propriate** |  |  |  |
|  |  |  |  |  |
| **Fosters a partnership or collabora-** |  |  |  |
|  |  |  |
| **tive model (as opposed to an “expert”** |  |  |  |
| **model)** |  |  |  |
|  |  |  |  |  |
| **Fosters a coping model as opposed** |  |  |  |
|  |  |  |
| **to a mastery model of learning** |  |  |  |
|  |  |  |  |  |
| **Reframes experiences from the child’s** |  |  |  |
|  |  |  |
| **viewpoint and modifies parents’** |  |  |  |
| **negative attributions** |  |  |  |
|  |  |  |  |  |
| **Strategically confronts, challenges and** |  |  |  |
|  |  |  |
| **teaches parents when necessary** |  |  |  |
|  |  |  |  |  |
| **Identifies and discusses resistance** |  |  |  |
|  |  |  |
|  |  |  |  |
|  |  |  |  |  |
| **Maintains leadership of group** |  |  |  |
|  |  |  |
|  |  |  |  |
|  |  |  |  |  |
| **Advocates for parents** |  |  |  |
|  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| **IV.** | **LEADER KNOWLEDGE** |  | **COMMENTS** |
| **Demonstrates knowledge of content** |  |  |  |
|  |  |  |
| **covered at session** |  |  |  |
|  |  |  |  |  |
| **Explains rationale for principles covered** |  |  |  |
|  |  |  |
| **in clear, convincing manner** |  |  |  |
|  |  |  |  |  |
| **Prepares materials in advance of session** |  |  |  |
|  |  |  |
| **and is “prepared” for group** |  |  |  |
|  |  |  |  |
|  |  |  |  |  |
| **Integrates parents’ ideas and problems** |  |  |  |
|  |  |  |
| **with important content and child de-** |  |  |  |
| **velopment principles** |  |  |  |
|  |  |  |  |  |
| **Uses appropriate analogies and meta-** |  |  |  |
|  |  |  |
| **phors to explain theories or concepts** |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | **V. LEADER METHODS** |  | **COMMENTS** |
|  | **Uses videotape examples efficiently and** |  |  |  |
|  |  |  |  |
|  | **strategically to trigger group discussion** |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
|  | **Uses role play and rehearsal to rein-** |  |  |  |
|  |  |  |  |
|  | **force learning** |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
|  | **Review homework and gives feedback** |  |  |  |
|  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
|  | **Uses modeling by self or other group** |  |  |  |
|  |  |  |  |
|  | **members when appropriate** |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |
|  | **VI. PARENTS’ RESPONSES** |  | **COMMENTS** |
|  | **Parents appear comfortable and in-** |  |  |  |
|  |  |  |  |
|  | **volved in session** |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
|  | **Parents complete homework, ask ques-** |  |  |  |
|  |  |  |  |
|  | **tions and are active participants** |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
|  | **Parents complete positive evaluations** |  |  |  |
|  |  |  |  |
|  | **of sessions** |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
| **Summary Comments:** |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

Candidate has satisfied video requirements for certification. \_\_\_\_ Yes \_\_\_\_ No

Name of Evaluator



Date:

