

Baby Checklist Booklet



An essential checklist to help you
prepare for your baby's arrival.



 **Baby Bunting**
the one stop baby shop

Mum-to-Be Checklist



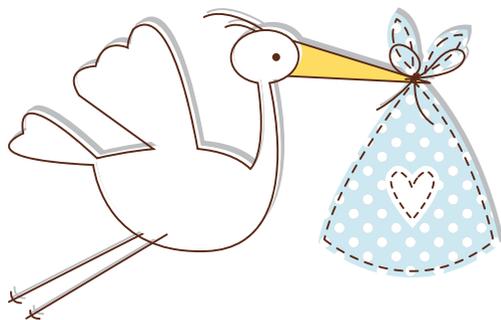
For Pregnancy

- maternity clothes (casual & evening)
- maternity bras
- sleeping bras
- nightwear
- maternity swimwear
- maternity underwear
- pregnancy support belt
- pants expander
- sleep support pillow
- stretch mark cream
- pregnancy journal
- pregnancy book
- baby names book



To Do

- have a baby shower
- arrange a baby gift registry
- prepare for baby's arrival
(see our Prepare for Baby Checklist)
- pack for hospital (see our Hospital Checklist)



My Notes



Baby shower ideas

Hospital Checklist



For Mum



- hospital bag
- nightwear
- dressing gown
- slippers / thongs
- maternity pads
- maternity bras
- breast pads
- underwear
- toiletries
- tissues
- hairbrush & hairdryer
- toothbrush & toothpaste
- towel & face cloth
- massage oil / relaxation products
- support pillow
- heat pack / water bottle
- birth plan
- ipod / music & charger
- books / magazines
- comfortable clothes for going home
- shoes
- blood group card
- Medicare or health insurance card

For Support Person

- phone & charger
- list of people to SMS / email
- camera and battery charger
- video camera
- swimwear and towel for bath and shower



For Baby

- nappy bag
- nappies
- gentle wipes
- baby wash
- cotton wool balls
- baby blanket
- bunny rugs / wraps
- singlets
- bodysuits
- grosuits / nighties
- hat / beanie
- socks / booties
- mittens
- capsule (0-6 months)
- convertible car seat (approx 0-4 years)



Phone Numbers

Prepare for Baby Checklist



Nursery



- cot / bassinet
- mattress
- mattress protector
- sheets
- baby sleeping bags / swaddles
- quilt / blankets
- change table & mat
- dresser / drawers
- wardrobe & hangers
- nappy stacker
- room thermometer
- baby monitor
- musical mobile
- nightlight
- nursing chair
- toy box
- baby sleep book



Travel



- pram / stroller
- pram blanket
- pram rain cover / UV cover
- pram liner
- cocoon
- stroller toys
- capsule (0-6 months)
- convertible car seat (approx 0-4 years)
- extension straps
- car seat toys
- head support
- car window shade
- rearward facing mirror
- portacot
- nappy bag (with all the essentials)

Things to do



Bath



- baby bath
- bath stand
- baby nail scissors
- baby brush & comb
- non-slip bath mat
- bath thermometer
- bath toys
- bath support
- baby towels
- sponge & face cloth
- baby toiletries (shampoo / lotion / talc-free powder)



Changing



- changing mat
- nappy disposal system & refills
- nappies
- nappy pins
- nappy sacks & wipes
- nappy liners
- nappy pail
- nappy cream
- cotton balls
- talc-free powder



Nursing & Feeding

Breastfeeding

- nursing bras
- nursing top
- breast feeding cloak
- breast pads
- breastfeeding support pillow
- muslin squares
- breast pump
- breast milk storage bags
- bottles
- steriliser
- soothers / dummies
- nipple cream
- nipple shields



Bottle Feeding

- bottles
- formula
- teats
- steriliser
- bottle brush
- bottle warmer
- bottle carrier
- bibs
- muslin squares
- soothers / dummies



Weaning (6 months+)

- high chair
- high chair toys
- messy mat
- bumbo baby seat
- bowls
- cutlery set
- training cups
- portable feeding set / utensils
- soothing teethingers
- tooth brush & gum massages



Baby Clothes



Newborn to 3 months

- newborn clothing starter set
- bodysuit
- sleep suits
- daywear outfits
- cardigans
- jacket
- booties
- singlets
- sun hat
- cotton hat / beanie
- socks
- mittens



Playtime



Newborn to 6 months

- pram toys
- bath toys
- cot toys
- baby gym
- play mat
- activity toys
- cuddly toys
- rattles
- baby books
- bouncer / rocker
- baby swing



6 – 9 months

- walker
- playpen
- infant jumper
- infant support seat



Baby Names

Girls:

Boys:
