



PARTY ITINERARY

Thanks for choosing Muscle Sprouts and you sports party provider. Please complete the form and return it to us as soon as is conveniently possible.

CLIENT:

DETAILS:

PARTY HOST/S DETAILS:

WHERE:

WHEN:

NO OF PEOPLE:

PACKAGE SELECTION:

SUPER SPORTS ~ Includes 3-5 activities and a present for the birthday host.

-Cost: \$180 for the first hour. \$100 for every hour thereafter.

**ULTIMATE PARTY -CUSTOM TO NEEDS
(ADDITIONAL PLANNING COSTS APPLY)**

There are a range of extras to choose from, please select any of the extras you would like to add to the party.

- Additional staff (Required for every 10 children after 20) - \$60
- Water bomb / egg catching finale. (\$20/20 kids)
- Muck up games (Incl. Shaving cream and silly string (\$30/20 kids)
- Mr Muscle Sprout appearance. \$100

If you have any other specific requests please let us know and we can make it happen!

DURATION: (Min 1hr / Max 3hrs)

DESCRIPTION OF EVENT:

Please choose a range of activities from the list below to help us plan for maximum FUN!:

Soccer,	Modified Golf,	Commando Obstacle
Touch rugby,	Volleyball,	Course, Raid the nest,
Relay Races (Various),	Cricket,	Wrestling,
Tug of war,	Ultimate Frisbee/ vortex,	Hockey,
Modified baseball,	Modified Slam ball (NEW),	Face painting.
Dodge ball,	Blind Man Treasure Hunt,	

All teams will have a go at each activity at least twice, with the game tailored to the ability of the participants.

REQUESTED ACTIVITIES:

ADDITIONAL ACTIVITIES:

TBA – Relay races always a good finish.

EXAMPLE ONLY

2.30pm -3.00pm: Meet with the client and quick brief of the staff before set up.

3.00pm-3.15pm: Children arrive and are put into teams & sign the poster.

3.15pm-3.20pm: Children assemble for a brief on the activities.

3.20pm-3.40pm: Activity 1

3.40pm-3.55pm: Break

4.00pm-4.15pm: Activity 2

4.15pm-4.25pm: Activity 3&4 (incl. Tug of war, relays)

4.30pm-4.40pm: Cake & photos

4.40pm-5.00pm: game of choice.