**Regular Time Military Time Regular Time Military Time**

Midnight 0000 Noon 1200

1:00 a.m. 0100 1:00 p.m. 1300

2:00 a.m. 0200 2:00 p.m. 1400

3:00 a.m. 0300 3:00 p.m 1500

4:00 a.m. 0400 4:00 p.m. 1600

5:00 a.m. 0500 5:00 p.m. 1700

6:00 a.m. 0600 6:00 p.m. 1800

7:00 a.m. 0700 7:00 p.m. 1900

8:00 a.m. 0800 8:00 p.m. 2000

9:00 a.m. 0900 9:00 p.m. 2100

10:00 a.m. 1000 10:00 p.m. 2200

11:00 a.m. 1100 11:00 p.m. 2300