

Spring Cleaning Checklist:

Your Guide to Getting Your Home Sparkling Clean



- * Please note: the first four steps are the same for each room in your home.
- * Don't forget to change batteries in all smoke detectors and carbon monoxide detectors
- * Inspect all light fixtures for damaged wires or faulty connections

Kitchen Spring Cleaning

- Dust down the ceiling, corners of walls, ceiling fan and light fixtures
 - o Remove and wash light fixtures if necessary
- Spot wash walls, air vents, doorknobs, doors, etc
- Take down curtains, draperies and blinds and clean accordingly
- Wash the inside and outside of windows
 - o Take down screens and rinse off before replacing
- Clean the oven
 - o Leave the windows open when using oven cleaner
- Wipe down the stove, removing burners, burner covers and spill catchers
- Clean out the refrigerator and freezer
 - o Throw away expired food
 - o Wipe down shelves, door handles, etc.
 - o Sweep and mop underneath
 - o Dust refrigerator coils (UNPLUG REFRIGERATOR FIRST)
- Wipe down toaster, mixer, microwave, dishwasher and all other appliances
- Wash all countertops and backsplashes
- Clean out and organize all cabinets
 - o Throw away expired food
 - o Group like items together to make them easy to find
- Wash down the sink
 - o Put baking soda with warm water and a lemon down the disposal
 - o Put ice cubes through the disposal to sharpen the blades
- Sweep and mop the floor
- Clean doormats: vacuum, wash, etc.

Bathroom Spring Cleaning

- Dust down the ceiling, corners of walls, light fixtures, vents and fans
 - Remove and wash light fixtures if necessary
- Spot wash walls, air vents, doorknobs, doors, etc
- Take down curtains, draperies and blinds and clean accordingly
- Wash the inside and outside of windows
 - Take down screens and rinse off before replacing
- Scrub down the shower, tub and toilet
- Wash sink, faucets and countertops
- Clean all mirrors
- Wipe down the inside and outside of medicine cabinets and linen cabinets
 - Throw away expired products, including medicine, makeup and hair products
 - Get drawer dividers if necessary
 - Update first aid kit
- Shake out and wash all rugs
- Sweep and mop the floor

Bedroom Spring Cleaning

- Dust down the ceiling, corners of walls, light fixtures, accent lamps, vents and fans
 - Remove and wash light fixtures if necessary
- Spot wash walls, air vents, doorknobs, doors, etc
- Take down curtains, draperies and blinds and clean accordingly
- Wash the inside and outside of windows
 - Take down screens and rinse off before replacing
- Wash all bedding, including pillows
- Flip mattress
- Dust down and clean off dressers, chests, nightstands, desks and other pieces of furniture
- Clean any mirrors
- Vacuum, spot treat and deep clean any rugs/carpet
 - Rent a deep cleaner if necessary
- Dust and mop hard wood floors
- Clean out closet, drawers, shelves etc
 - Throw away the items that are unusable
 - Give away or sell items you no longer need, never use or never wear
 - Put off-season items in storage
 - Organize the remaining clothes, knickknacks, jewelry, books and other items

Dining Room Spring Cleaning

- Dust down the ceiling, corners of walls, ceiling fan and light fixtures
 - Remove and wash light fixtures if necessary
- Spot wash walls, air vents, doorknobs, doors, etc
- Take down curtains, draperies and blinds and clean accordingly
 - Replace heavy items with lightweight ones
- Wash the inside and outside of windows
 - Take down screens and rinse off before replacing
- Dust and wipe down table, chairs, cabinets and other furniture
 - Spot clean seats
 - Wash tablecloths
- Vacuum, spot treat and deep clean any rugs/carpet
 - Rent a deep cleaner if necessary
- Dust and mop hard wood floors
- Wash and dry all nice china by hand
- Clean doormats: vacuum, wash, etc.

Living Room Spring Cleaning

- Dust down the ceiling, corners of walls, ceiling fan and light fixtures
 - Remove and wash light fixtures if necessary
- Spot wash walls, air vents, doorknobs, doors, etc
- Take down curtains, draperies and blinds and clean accordingly
 - Replace heavy items with lightweight ones
- Wash the inside and outside of windows
 - Take down screens and rinse off before
- Vacuum out couches, chairs and other pieces of furniture
 - Clean slipcovers, accent pillows, throw blankets, etc
- Dust and clean all lamps, picture frames, candles, knickknacks and other decorations
- Remove all items from bookshelves; clean and dust entire area
- Dust and clean accent tables/stands and all electronics, including TV, DVD player, CD player and game systems
- Vacuum, spot treat and deep clean any rugs/carpet
 - Rent a deep cleaner if necessary
- Dust and mop all wood floors
- Clean doormats: vacuum, wash, etc.

Attic and Basement Spring Cleaning

- Dust down the ceiling, corners of walls and light fixtures
 - Remove and wash light fixtures if necessary
- Spot wash walls, air vents, doorknobs, doors, etc
- Take down curtains, draperies and blinds and clean accordingly
- Wash the inside and outside of windows
 - Take down screens and rinse off before replacing
- Give away unwanted/unused items
- Organize storage items into two piles: 1.) those you will use within the next year 2.) those that will be in storage for an infinite amount of time
- Change the furnace filter if necessary
- Put storage boxes in the basement on concrete blocks