**Sample** Cease and Desist Addendum

I,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, am aware of my rights as a consumer under the Fair Debt Collection Practices Act, specifically [§ 805(c)](https://www.ftc.gov/enforcement/rules/rulemaking-regulatory-reform-proceedings/fair-debt-collection-practices-act-text#805), and demand that you cease and desist any contact with me in reference to this collection. This addendum in no way admits or considers myself responsible for this debt. In addition, this addendum also requests for you to cease and desist the use, or potential use, of any third (3rd) party to contact me in reference to this collection.

IF THERE IS ANY VIOLATION OF THIS CEASE AND DESIST A COMPLAINT SHALL BE MADE TO THE FEDERAL TRADE COMMISSION.

Regards,

Your Signature