**DATE SLIDER FOR DAILY ROUTINE**

|  |
| --- |
| 8 am |
| 9 amINBOX do/delay/delegate/diminish |
| 10am |
| 11am |
| 12pm |
| 1pm |
| 2pm |
| 3pm |
| 4pm |
| 5pm |
| 6pmREFLECTIONS- MAXIMISE/MINIMISE- BALANCE |
| 7pm |
| 8pm |
| 9pm |
| 10pm11pm |

**WORK PROJECTS**

 **SLIDER FOR 3 WEEKLY OUTCOMES**

**PERSONAL PROJECTS**

CALLS/ APPOINTMENTS