

# SHANNON MAYEDA, PhD, LCSW, CRADC

Associate Clinical Professor of Social Work

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## EDUCATION

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- 2002 LOYOLA UNIVERSITY OF CHICAGO Chicago, IL  
*Ph.D. Clinical Social Work*
- Concentration in macro to direct social work practice with a minor in qualitative and quantitative research design
  - Dissertation Title: “*I Have Softening of the Brain and I Will Soon Be Dead:*”  
*Understanding Acute Psychotic Decompensation from the Patient’s Perspective.*
- 1999 – 2000 NORTHWESTERN UNIVERSITY Chicago, IL  
Feinberg School of Medicine, Department of Psychology
- Advanced Quantitative Statistics I & II.
- 1990 – 1993 LOYOLA UNIVERSITY OF CHICAGO Chicago, IL  
*Master of Social Work*
- Concentrations in Mental Health and School Social Work.
- 1984 – 1988 UNIVERSITY OF EVANSVILLE Evansville, IN  
*Bachelor of Science*
- Major – Psychology
  - Minors – Philosophy, Art Therapy
- 1986 UNIVERSITY OF EVANSVILLE - HARLAXTON COLLEGE Grantham, England
- A semester abroad, studying British Sociology, Physics, and Religions of the World.

## CURRENT LICENSURE AND CERTIFICATES

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- Licensed Clinical Social Worker, (California – since 2009; Illinois – since 1995).
- Certified Alcohol and Drug Counselor, IAODAPCA, since 1992.
- Certified Reciprocal Alcohol and Drug Counselor, CAADAC and NAADAC since 2005.

## HONORS AND AWARDS

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- 2008 JANE ADDAMS’ AWARD FOR PROFESSIONAL LEADERSHIP  
University of Southern California, School of Social Work  
*Student voted “Most Influential Teacher of the Year.”*

- 2003 MOST OUTSTANDING TEACHER AWARD, Nomination  
Loyola University of Chicago, School of Social Work
- 2002, 2003 MOST OUTSTANDING TEACHER AWARD, Nomination  
Dominican University of Chicago, School of Social Work
- 2000 ALPHA SIGMA NU NATIONAL JESUIT HONOR SOCIETY  
Loyola University of Chicago, School of Social Work  
Competitively based on excellence in scholarship, service, and loyalty to ideals of higher education.
- 1998 – 1999 DOCTORAL TEACHING FELLOWSHIPS  
Loyola University of Chicago, Graduate School of Social Work
- Competitively based on academic accomplishment.
  - Co-taught Human Behavior in the Social Environment II (Diagnosis and Psychopathology) with Dr. James Marley.
  - Co-taught Crisis Intervention with Dr. Jay Callahan.
- 1996 MERIT SCHOLARSHIP  
Loyola University of Chicago, Doctoral Program of Social Work
- Competitively based on academic accomplishment and professional experience.
  - Tuition scholarship for use toward full-time study.
- 1993 ANNUAL STUDENT WRITING AWARD  
Loyola University of Chicago, School of Social Work  
*Single Case Study of Case Management Treatment in Residential Care with Person Diagnosed with Severe Mental Illness, Chemical Dependence, and AIDS*  
Second place winner.
- 1985 LOUISE WHITING-FRYER BELL AWARD  
Evansville State Psychiatric Hospital
- Awarded Junior Volunteer of the Year for commitment to volunteer service.
  - President of Junior Volunteers.

## ACADEMIC APPOINTMENTS

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- 2003 – Present UNIVERSITY OF SOUTHERN CALIFORNIA, School of Social Work  
*Associate Clinical Professor of Social Work* Los Angeles, CA
- Courses Taught
- Systems of Recovery from Mental Illnesses – SOWK 618
  - Substance Abuse with the Consideration of Addictive Disorders- SOWK 617
  - Brief Treatment and Crisis Intervention – SOWK 615.
  - Clinical Practice in Mental Health Settings- SOWK 645
  - Human Behavior In The Social Environment: Psychopathology and Diagnosis: DSM-IV-TR-SOWK612
  - Human Behavior in Mental Health Issues: The Theory of Psychopathology-SOWK 605

- Human Development Across the Lifespan-SOWK 503 & SOWK 505
- Mental Health Services Act (MHSA) Seminar: The Recovery Model
- Integrative Seminar: Practice with the Severe and Persistent Mental Illness-SOWK 654
- *Student evaluations are consistently above the School of Social Work mean.*

#### Department and University Service

- Mental Health Concentration, largest concentration with approximately 200 students across 4 academic centers, Co-chair. (2008 – present)
- Mental Health Services Act Program Option – (CalSWEC) which identifies 20 stipends of \$18,500 each, 5 Inter-university Consortium stipends of \$18,500 each, and comprehensively prepares students to work with persons with mental illnesses through the Recovery Model. Organizes curriculum for students receiving stipend. Chair, (2007-2010). Co-chair, (2010 – present).
- Systems of Recovery from Mental Illness Sub- concentration, Coordinator. (2006 – present).
- Lead instructor for the following courses: Addictions (2008-2010), Diagnosis and Psychopathology (2007 – present), Systems of Recovery from Mental Illnesses (2007– present).
- Information Technology Committee which is involved the following: keeping classroom technology current, active learning of technology and distance learning, and disseminates this info to other DL instructors. Co-Chair, (2008-2010).
- Co-lead Community Immersion Group to Compton. Organized and escorts approximately 22 students to the City of Compton to hear presentations from community organizations and elected city officials. Conducted Writing Workshop that instructed students on APA writing style and expectations of graduate level writing (2006-2008).
- Served on multiple Faculty Search Advisory Committees.
- Mentors faculty on the use of technology in the classroom to enhance Learner-Centered Teaching.
- Restructured and updated 503 & 505 (Human Behavior in the Social Environment foundation) curriculum to include more contemporary content and to reflect Learner-Centered values in activities and assignments. (2006-2007).
- Participated in the creation of an 100% online course by acting as a client experiencing psychosis and being interviewed for a mental status exam.
- Attends regular faculty planning and discussion meetings, including monthly Faculty meeting, Mental Health Concentration, and Clinical Teaching Faculty meetings.
- USC School of Social Work Documentary Night – Fundraising -Conducted T-shirt Logo Contest. Partnered with Homeboy Industries, Silkscreen.
- Plans and participates in Mental Health Immersion experience for 2<sup>nd</sup> year Mental Health students. Gave 3 hour interactional workshop to prepare students in history of mental health policy and treatment delivery in U.S., including contemporary Recovery Model.
- Converting and teaching two courses (Systems of Recovery from Mental Illness; Brief Treatment and Crisis Intervention) to be taught online via USC's Virtual Academic Center.

2001 –2003 DOMINICAN UNIVERSITY, Graduate School of Social Work River Forest, IL  
*Assistant Professor of Social Work*

Courses Taught

- Generalist Social Work Practice I and II
- Human Behavior In The Social Environment I: Human Development across the Life Span
- Human Behavior In The Social Environment II: Human Diversity, and Societal Systems
- Research I and II
- Philosophy and History of Social Work
- Psychopathology and Diagnosis: DSM-IV-TR
- Understanding and Treatment of Substance Abuse and Other Addictions
- Integrated Field Seminar I and II

Department and University Service

- Field Placement Liaison for 8 students.
- Served on University Honors Committee with president of University. Committee responsible for choosing and securing graduation speakers and University Medallion Awardees.
- Participated in initial successful CSWE accreditation.

2001-2003 LOYOLA UNIVERSITY OF CHICAGO, Graduate School of Social Work Chicago, IL  
*Adjunct Faculty*

Summer Sessions

Courses Taught

- Human Behavior in the Social Environment II – Psychopathology
- The Understanding and Treatment of Severe Mental Illness

## **PRESENTATIONS AND PUBLICATIONS**

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Peer-Reviewed Presentations

Mayeda, S. (2009, May). *Fostering Resilience among Trauma Survivors*. Keynote Speaker, University of Evansville Alcohol and Drug Institute, Evansville, IN.

Mayeda, S. (2009, May). *Unique Manifestations of PTSD among Combat Veterans of Iraq and Afghanistan Wars*. University of Evansville Alcohol and Drug Institute, Evansville, IN.

Mayeda, S. (2009, May). *Treatment Interventions for PTSD among Combat Veterans with Addictions*. University of Evansville Alcohol and Drug Institute, Evansville, IN.

Mayeda, S., Wood, G., & Wolff, T.(2008, October). *Teaching with Technology at the University of Southern California. Learner centered teaching with technology: Synchronous teaching*. CSWE. Philadelphia, PA.

Mayeda, S. (2008). *Systems of Recovery from Mental Illness: University of Southern California MSW Program Curriculum*. Poster session presented at the California Social Work Education Council Mental Health Summit II, Sacramento, CA.

Mayeda, S. (2008, May). *Utilizing Various Hardware and Software Technology for Learner Centered Teaching Methods*. University of Southern California, Teaching with Technology Conference. Los Angeles, CA.

Mayeda, S. (2000, November). *Understanding Acute Psychotic Decompensation from the Patient's Perspective*. National Association of Social Workers, Annual Meeting, Baltimore, MD.

### Invited Presentations and Trainings

Mayeda, S. (2011). *Listening with Psychotic Ears: Understanding and Communicating with a Person who is Experiencing Psychosis for Crisis Line Workers*. Department of Mental Health – Los Angeles County. Access Center Crisis Line.

Mayeda, S. (2011). *Listening with Psychotic Ears: Understanding and Communicating with a Person who is Experiencing Psychosis*. Department of Mental Health – Los Angeles County. Professional Social Work Association.

Mayeda, S. (2011). *Applied Clinical Knowledge and Skills for Addiction Recovery: An Overview for Licensure Requirement*. Pacific Clinics, Pasadena, CA.

Mayeda, S. (2011). *Using Empathy Books to Understand Childrens' Feelings and Reduce Acting Out in Children*. University of Southern California, Los Angeles, CA.

Mayeda, S. (2011). *Pimp Your PowerPoint: A Simple Guide to Focus, Clarify, and Engage an Audience*. Pacific Clinics. Audience of 40. SW, PhD Psychologists.

Mayeda, S. (2011). *Effective Case Presentation and Consultation*. Pacific Clinics. Audience of 40. SW, PhD Psychologists.

Mayeda, S. & Martinez, E. (2008, July). *Mandated Reporting for LGBTQ Helpline Counselors*. The Trevor Project, West Hollywood, CA.

Mayeda, S. (2008, 2009, 2010, August) *Self-Care for the Non-traditional Graduate Student*. University of Southern California. Los Angeles, CA.

Mayeda, S. (2006, July, 2007, February & March). *Motivational Interviewing Techniques with People with Severe Mental Illnesses*, Metropolitan State Hospital, Clinical Staff including Social Workers, Psychologists, Psychiatrists. Norwalk, CA.

- Mayeda, S. (2006, October). *Making Humanistic and Economic Sense of The Recovery Model*, Sponsored by Center for Asian-Pacific Leadership-University of Southern California and Samsung. A Korean Social Workers Association Leadership Training Program: Entrepreneurship for Non-profit Organizations.
- Mayeda, S. (2005, June). *Guerrilla Tactics for Sophisticated Social Workers: Social Work techniques to intervene with and manage extremely resistant clients*. Good Samaritan Hospital, Los Angeles, CA.
- Mayeda, S. (2005, May). *Motivational Interviewing Techniques*. Field Instructor Appreciation Day. University of Southern California. Los Angeles, CA.
- Mayeda, S. (2005, May). *Motivational Interviewing Techniques*. Field Instructor Appreciation Day. University of Southern California. Irvine, CA.
- Mayeda, S. (2004, April). *California Mandated Reporting: New Employee and RN Orientation*. Good Samaritan Hospital, Los Angeles, CA.
- Mayeda, S. (2003, September). *Tools for Maximizing Effectiveness in Healthcare Social Work*. Social Work P.R.N., Training for Contracted Social Workers. Los Angeles, CA.
- Mayeda, S. (2003, April). *Sure-fire Practice Guidelines for the Treatment of Substance Abuse*. Dominican University, Training for Social Work Field Instructors.
- Mayeda, S. (2003, April). *The Tackling of the Qualitative and Quantitative Dissertation*. Loyola University of Chicago. PhD, Social Work Dissertation Seminar.
- Mayeda, S. (2002, February). Metal Sculpture and Discussion, *Paradigm Shift... Ode to Thomas Kuhn and The Common Denominator* CSWE 48<sup>th</sup> Annual Program Meeting, Arts Festival, Nashville, TN.
- Mayeda, S. (2002, January). *Understanding Acute Psychotic Decompensation from the Patient's Perspective*. Dominican University, Training for Social Work Field Instructors.
- Mayeda, S. (2002, March). *The Concept of Roles in Group Dynamic Systems*. Illinois School of Professional Psychology, Psy. D. Program. Chicago, IL.
- Mayeda, S. (1999, February). *Understanding Contributing Factors to Acute Psychotic Decompensation Among People Dually Diagnosed with Severe Mental Illness and Substance Abuse*. Training for Certified Alcohol and Drug Counselor Certificate. Harold Washington College, Chicago, IL.
- Mayeda, S. (1999, May). Threshold's Clubhouse, Chicago, IL, *Understanding Contributing Factors to Acute Psychotic Decompensation Among People who have been Dually Diagnosed with Severe Mental Illness and Substance Abuse*. Training for Certified Alcohol and Drug Counselor Certificate.

Mayeda, S. (1996, April & October; 1997, April & October; 1998 April & October; 1999, April & October; 2000, April & October). *Health Care Needs of Vulnerable Groups*, Four-week elective experiential seminar to second year medical students. Northwestern University, Feinberg School of Medicine, Chicago, IL.

Mayeda, S. (1998; 1999; 2000, July). *Funding and Managed Care Benefits for Mental Health Treatment*, Northwestern Memorial Hospital, Chicago, IL, Addressing MSW, PhD/Psychology, and Medical Students.

## Publications

Mayeda, S., Weiss, E., & Coll, J. (in press). Applying Evidence-based Intervention of Seeking Safety to Combat Veterans who are Diagnosed with PTSD and Addiction. *Journal of Social Work Practice in the Addictions, Special Issue, Military Veterans*.

Mayeda, S. & Sanders, M. (2009). Strategies for decreasing conflict in chemical dependence groups. *Addiction Professional*. December.

Mayeda, S. & Sanders, M. (2008). Mirror of possibilities, nurturer, or enemy: The importance of the mother - daughter relationship among substance abusing adolescent girls. *Counselor Journal*. December.

Mayeda, S. & Sanders, M. (2008). Daddy's little girl: The relationship between fatherlessness and substance use disorder among adolescent girls. *Counselor Journal*. October, Vol. 9, No. 5.

Mayeda, S. & Sanders, M. (2007). Strengths-based counseling with hard-to- reach adolescent male substance abuser. *Counselor Journal*. May/June.

Mayeda, S. & Sanders, M. (2007). Counseling difficult-to- reach adolescent male substance abusers. *Counselor Journal*. March/April.

Mayeda, S. (2002). I have softening of the brain and I will soon be dead: Understanding acute psychotic decompensation from the patient's perspective. (Doctoral dissertation, Loyola University of Chicago, 2002). *Dissertation Abstracts International*.

## **RESEARCH PROJECTS**

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1999                      Data Analysis and Administrative Recommendations for Mark Sanders.  
Analysis of qualitative from participant evaluations following cultural diversity presentations at Chicago Read Mental Health Center, Department of Probation of DuPage County, and Wheaton Youth Outreach.

## **PROFESSIONAL EMPLOYMENT**

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2003 -                      GOOD SAMARITAN HOSPITAL    Los Angeles, CA  
2006                      *Clinical Social Worker – Emergency Room*  
• Saved the hospital an average of \$50,000 per month by developing treatment pathway

- and trained staff to direct psychiatric admissions by appropriate funding sources.
- Developed and maintained Alert Card System to communicate special needs of patients.
  - Developed and maintained orientation of newly hired social workers.
  - Revised Advance Directive Form and trained Registration and Case Management Departments.
  - Developed Mandatory Reporting Manual and trained new employees.
  - Provided biopsychosocial assessments, educated clients, and made referrals to relevant community agencies.
  - Provided psychosocial support to grieving and bereaved family members.
  - Worked closely with medical staff (i.e., physicians, nurses) and community (LAPD, LAFD, homeless shelters, domestic violence shelters, and protective services for children and adults).
  - Participated in mandated reporting and documentation of child abuse, dependent and elder abuse, and assaultive behavior.
  - Prepared social service handouts for patients and their families.
  - Assisted clients in recognizing the need for help with addictions, including alcohol, drugs, domestic violence, and personality disorders.
  - Employed creative problem solving methods to avoid unnecessary psychosocial admissions.
  - Maintained knowledge of financial reimbursement methodology and utilization management.
  - Taught new employees and RNs mandated reporting laws and procedures.

2003-  
2004

UCLA MEDICAL CENTER - SANTA MONICA

Santa Monica, CA

*Clinical Social Worker – Weekend Per Diem*

- Provided clinical assessments, formulated diagnostic impressions, individualized service delivery plans, crisis intervention, advocacy, information and referral, and education.
- Served culturally diverse patients and their families on issues of terminal illness, sudden death, sexual assault/abuse, and severe mental illness, on all areas of the hospital including general medicine, emergency room, NICU, ICU, and CCU.
- Collaborated with other professionals (medical, LAPD, LAFD, child protective services, mental health) to facilitate optimal services.

1996 – 2001

NORTHWESTERN MEMORIAL HOSPITAL

Chicago, IL

*Emergency Psychiatric Center: Emergency Room Clinical Coordinator*

- Coordinated Department of Psychiatry emergency psychiatry services in the ER by working with attending and nursing staff, Institute of Psychiatry, inpatient and outpatient departments, community mental health centers, state operated facilities, and Chicago Police Department.
- Oversaw the functioning of the ER - Crisis office and represented the Emergency Psychiatry Department to the ER staff by identifying problems and facilitating solutions to ensure the maintenance of the “Patient’s First” mandate.
- Monitored all diagnostic/treatment planning services and quality of care that occurred through the ER-Crisis office, by functioning as the shift supervisor.

- Trained and supervised crisis workers, and students in disciplines of social work, medicine, and psychology students.
- Supervised MSW Loyola and University of Chicago students in 2<sup>nd</sup> year field placement.
- Conducted systems-based clinical interviews for the purpose of triage, evaluation, treatment planning, admission, referral and linkage services for adolescent, adult, and older adult psychiatric and chemical dependence patients.
- Conducted psychotherapy process oriented group therapy in Acute Partial Day Hospital for adults.

1993 - 2003     PRIVATE PSYCHOTHERAPY PRACTICE     Chicago, IL

- Provided individual, family, and group psychotherapy, using psychodynamic, systems, strengths theories and Motivational Interviewing.
- Provided consultation to mental health professionals, including social workers.

1993 – 1995     NORTHWESTERN MEMORIAL HOSPITAL     Chicago, IL  
*Inpatient Psychiatric Adolescent, Adult, Older Adult and Chemical Dependence Units*  
*Inpatient Social Worker*

- Communicated and referred to inpatient, outpatient, and chemical dependence treatment: private, state, day hospitals and community mental health centers.
- Liaison to HIV and outpatient Chemical Dependence services.
- Provided individual, family, and group therapy.
- Participated in interdisciplinary team treatment planning.
- Referred to residential placements.

1990 – 1993     NORTHWESTERN MEMORIAL HOSPITAL     Chicago, IL  
 Emergency Housing Program  
*Case Manager*

- Provided psychodynamically based psychosocial support to homeless people who had been diagnosed with severe mental illness and addiction to improve their quality of life and maintain adaptive functioning in the community.
- Led therapy groups: Recovery, Stress Management, Nutrition, Work, Family, and Support Groups.

## PROFESSIONAL GRADUATE INTERNSHIPS

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1997 – 1998     LORENE REPLOGLE COUNSELING CENTER     Chicago, IL  
 Fourth Presbyterian Church  
 112 E. Chestnut Street  
*Doctoral Program of Social Work Student Intern*

- Provided long-term, comprehensive psychosocial assessments and psychotherapy, using psychodynamic and family systems theories to adults and college students.

1992 – 1993     SOUTH METROPOLITAN ASSOCIATION-INDEPENDENCE HIGH SCHOOL  
 800 Governor's Highway     Flosmoor, IL  
*Master of Social Work Student Intern*

- Provided individual, family and group direct social work practice to severely emotionally disturbed adolescents in a therapeutic day school.
- Performed case management tasks with students and their families.
- Liaison with social service and school districts.
- Participated in IEP service meetings.

1991 – 1992 NORTHWESTERN MEMORIAL HOSPITAL Chicago, IL  
 Outpatient Treatment Center  
*Master of Social Work Student Intern*

- Provided individual psychotherapy with competitively employed adults, and adolescents.

## **COMMUNITY SERVICE AND VOLUNTEER EXPERIENCE**

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2008 THE SANVILLE INSTITUTE Berkeley, CA  
*Dissertation Committee Member*  
 Coming Home to Myself: Long Term Sobriety in Alcoholic Women.  
 Wanda Jane O’Gorman Jewell.

2009 AMERICAN INDIAN COUNSELING CENTER Norwalk, CA  
*Clinical Consultant*

1982 - 1985 EVANSVILLE STATE PSYCHIATRIC HOSPITAL Evansville, IN  
*Volunteer*

- Worked with people with all levels of psychiatric disorders, including women on most secure unit, severely developmentally disabled, patients on short-term units, and long-term chemical dependence unit.
- Assisted Social Worker with caseload.
- Participated in Friend-to-Friend Program.
- Coordinated and staffed parties for patients and fundraising events.
- Chosen for Junior Volunteer of the Year.
- Served as Junior Volunteer Coordinator.

## **PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS**

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- ISPS - International Society for the Psychological Treatments of the Schizophrenias and Other Psychoses, since 2005.
- Alpha Sigma Nu National Jesuit Honor Society, since 2000.
- Council on Social Work Education, since 2001.
- National Association of Social Workers, since 1991.
- US Psychiatric Rehabilitation Association, since 2009.