# Pre-Roommate Agreement Worksheet CofC Residence Life

## **Directions:**

The first page (p. 1) of the worksheet is to be completed <u>on your own</u> prior to completing your roommate agreement. Take time to think forward and be honest. You will be meeting with your RA and your roommate to create your roommate agreement and this document will help you think about things prior to creating that agreement. The second page (p. 2) is to prompt discussion between you and your roommate prior to completing your roommate agreement.

## **Personal Reflection Questions**

Things I need to reflect on as I share a room....

**Personal Belongings/ Use of Your Possessions:** Are you okay with someone borrowing your things? What things are you willing to share (Ex: electronics, food, movies, books, bed, etc.)

**Security:** What are some important considerations you have when thinking about safety and security for yourself and your belongings? (I.e. Do you want the door locked when no one is in the room? Do you want guests in your room when a roommate is not there? Etc.)

**Room Cleaning/Cleanliness:** How do you like your room to appear? Clean and tidy? Decent but not spotless? How do you want to share the responsibility for having a clean room? (Ex: Emptying trash, vacuuming, expired food in fridge, dirty sinks, etc.)

**Phone Use:** Do you talk on the phone a lot? How long do you usually spend on a phone call? If using the room phone will you want messages taken for you? Are you willing to do the same?

**Quiet Hours/Study/Sleep:** When do you study? Do you need a quiet environment to study? When do you go to sleep? When do you get up? Are you a light or heavy sleeper? What is OK for your roommate to do when you are sleeping in the room? What is not okay? Do you nap?

**Guests:** Will you have overnight guests? How comfortable are you with your roommate having overnight guests? When? How often? What gender of overnight guests are you comfortable with? What are guests allowed to do in the room? (Ex: sit on your bed, borrow belongings, etc.)

**Communication:** When you are stressed how do you respond? What do you need when you are upset? Are you comfortable approaching those with whom you disagree? How do you approach that person?

Socializing: How often do you go out? Are you going to be around on weekends? What do you like to do for fun?

**Stereo/TV:** When do you watch TV? Listen to the stereo? What type of music do you listen to? Are there any shows that you watch regularly?

## Personal Reflection Questions (Supplemental for Suites/Apartments)

**Bathrooms/Laundry/Kitchen:** How do I want to share the cleaning of these spaces with my roommates? Do I want to split costs for some common cleaning products or common items? Do I want guests using our common spaces and common appliances?

## **Roommate Get-to-Know You Questions**

These questions are designed to help you get to know your roommate prior to your roommate agreement discussion. Take some time to talk about these different items prior to your roommate agreement.

#### About my history, family, cultural and ethnic background

Take turns responding to the questions before moving to the next...

- What I would like to tell you about my family...
- How my best friend would describe me...
- The way I characterize my neighborhood, my city or town, and the diversity of people who live there...
- The extent to which I have been exposed to people from other countries and/or cultures...
- The type of ethnic food or home cooking I enjoy...
- What I was most involved in before coming to college (high school, religious, or community activities)...
- What I miss most while being away from home...
- What I miss least about being away from home...
- How often I plan to go home...
- The funniest or most embarrassing thing that ever happened to me in high school...

#### Some things about my personal and social style

Take turns responding to the questions before moving to the next

- What I am like when I'm in a good mood...
- What I am like when I'm in a bad mood...
- How easy or difficult it is for me to let people know what I am feeling...
- Something that will usually cheer me up when I am feeling down...
- What I am like when I first meet someone who is really different from me...
- Times that I prefer to be left alone...
- Something that can make me tense or uneasy...
- Something that is likely to annoy me...
- My idea of relaxing is...
- How easy or difficult it is for me to make friends...

#### Some things that I need to know about my roommate...

Take turns responding to the questions before moving to the next.

- The grades that I hope to earn and how important they are to me...
- What is noisy to me...
- How much sleep I like to get and the time I like to sleep...
- How late I usually sleep when I don't have class...
- How I feel about alcohol and other drugs...
- How important it is for me to have my room neat and clean...
- What things it's okay for you to borrow or use...
- What things I prefer not to lend or be used...
- How I feel about having men/women in the room and/or significant others staying over...
- How I feel physical intimacy (kissing, petting, sex, etc.) occurring in our room...
- The kind of music I like best...
- What I like to watch on television...
- What my daily schedule looks like...
- Something unique about me...

#### **Final Refection Questions...**

Take turns responding to the questions before moving to the next

- It appears to me that an important similarity between us might be...
- I think an important difference between us is...
- I think we might have to compromise on...
- I think something I came to realize more clearly about myself in this discussion is...
- One thing I believe that I can learn from living with you is...