

# SPRING CLEANING *Checklist*

## Kitchen

- Remove anything that doesn't belong in the room
- Put everything that stays in its correct spot
- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Dust ceiling fan
- Clean light globes and fixtures
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Remove all items from cabinets
- Wipe down cabinet shelves
- Throw out expired food and spices
- Organize dishes before putting back into cabinets
- Organize storage containers
- Clean and polish cabinet doors
- Disinfect cabinet knobs and handles
- Organize and clean freezer - defrost if needed
- Organize and clean refrigerator shelves
- Throw away expired food and condiments
- Clean oven hood and microwave and change filters
- Clean stove top, burners and drip pans
- Clean inside of oven
- Clean sink, polish faucet and handles
- Disinfect garbage disposal
- Clean all appliances
- Sharpen knives and sanitize cutting boards
- Disinfect counter tops
- Soak and clean bakeware, pots and pans
- Clean and organize drawers
- Remove utensil divider from drawer and disinfect it
- Clean and disinfect any chairs or tables
- Organize pantry and throw away expired food
- Disinfect light switch covers and doorknobs
- Vacuum refrigerator coils
- Clean floor corners and baseboards
- Clean floor vents
- Vacuum (or sweep) and mop floors

## Dining Room

- Remove anything that doesn't belong in the room
- Put everything that stays in its correct spot
- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Dust ceiling fan
- Clean light globes and fixtures
- Dust edges of pictures, mirrors and wall hangings
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Disinfect light switch covers and doorknobs
- Declutter hutches and shelves
- Dust and polish wood cabinets
- Dust and polish table and chairs including the legs
- Wash and replace table linens
- Wash and replace chair cushions
- Remove any rugs and shake them outside
- Clean floor corners and baseboards
- Clean floor vents
- Vacuum (or sweep) and mop floors
- Replace rugs

## Foyer

- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Clean light globes and fixtures
- Wipe down walls
- Wipe down door and clean door glass
- Disinfect light switch covers and doorknobs
- Clean mirrors
- Dust edges of pictures, mirrors and wall hangings
- Dust and polish tables or furniture
- Empty, clean and organize coat closet
- Clean or replace entry mat
- Clean floor corners and baseboards
- Vacuum (or sweep) and mop floors

# SPRING CLEANING *Checklist*

## Bathrooms

- Clean exhaust fan
- Dust ceiling and corners
- Clean light globes and fixtures
- Dust edges of pictures, mirrors and wall hangings
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Disinfect light switch covers and doorknobs
- Clean shower head and caddy
- Clean shower curtain and liner
- Clean shower glass and door frame
- Clean water strip around shower door
- Scrub shower and tub
- Use drain cleaner on all drains
- Re-caulk around tub
- Clean the mirror
- Unclog and refill soap and lotion dispensers
- Clean and disinfect toothbrush holders
- Wash the bathroom cup
- Polish faucets
- Disinfect counter tops
- Wash and hang hand towels
- Wipe down cabinets (Polish any wood cabinets)
- Wipe down toilet paper holder and towel racks
- Remove any toilet seat screw rust
- Tighten down toilet seat hinges
- Scrub toilet base, under the seat, inside and out
- Wash inside and outside of trash can
- Wash floor mat(s)
- Clean and re-seal grout and tile
- Clean and organize cabinets and drawers
- Clean floor corners and baseboards
- Vacuum (or sweep) and mop floors

## Bedrooms

- Remove anything that doesn't belong in the room
- Put everything that stays in its correct spot
- Pick up, fold, and put away any stray laundry
- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Dust ceiling fan
- Clean light globes and fixtures
- Dust edges of mirrors, pictures and wall hangings
- Clean mirrors
- Dust lamps and vacuum lamp shades
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Dust and polish furniture
- Disinfect light switch covers and doorknobs
- Strip and wash bedding
- Rotate your mattress and flip it if possible
- Remove items under beds and organize them
- Organize closets
- Organize dressers and nightstands
- Clean floor corners and baseboards
- Clean floor vents
- Vacuum carpet including under bed and furniture
- Shampoo carpet
- Vacuum (or sweep) and mop hard floors

## Laundry Room

- Remove any stray clothing items
- Dust ceilings, corners and dryer vents
- Clean any ventilation fans
- Wipe down walls
- Dust and organize any shelving
- Sort and discard unnecessary cleaning products
- (Front load washer only) Clean drain pump and filter
- Clean dryer lint trap screen and let air dry
- Clean out dryer duct with a cleaning kit

# SPRING CLEANING *Checklist*

## Living Room

- Remove anything that doesn't belong in the room
- Put everything that stays in its correct spot
- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Dust ceiling fan
- Clean light globes and fixtures
- Dust edges of mirrors, pictures and wall hangings
- Clean mirrors
- Dust lamps and vacuum lamp shades
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Dust and polish furniture
- Dust shelving
- Dust all electronics
- Clean TV screen
- Disinfect light switch covers and doorknobs
- Vacuum between seat cushions
- Wash any cushion or pillow covers
- Wash throw blankets
- Treat and condition any leather furniture
- Throw away any old magazines or newspapers
- Remove any rugs and shake them outside
- Clean floor corners and baseboards
- Clean floor vents
- Vacuum (or sweep) and mop floors
- Replace rugs

## Stairwell

- Wipe down walls
- Dust light globes and fixtures
- Dust edges of pictures, mirrors and wall hangings
- Disinfect handrail
- Vacuum (or sweep) and mop stairs
- Remove scuff marks and touch up paint

## Office

- Remove anything that doesn't belong in the room
- Put everything that stays in its correct spot
- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Dust ceiling fan
- Clean light globes and fixtures
- Dust edges of pictures and wall hangings
- Dust lamps and vacuum lamp shades
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Dust and polish furniture
- Dust any shelving and organize the contents
- Organize desk, drawers and filing cabinets
- Shred any old or unneeded paperwork
- Clean computer screen, keyboard and mouse
- Remove any rugs and shake them outside
- Clean floor corners and baseboards
- Clean floor vents
- Vacuum (or sweep) and mop floors
- Replace rugs

## Toy Room

- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Dust ceiling fan
- Clean light globes and fixtures
- Dust edges of pictures and wall hangings
- Dust lamps and vacuum lamp shades
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Dust any shelving and organize the contents
- Sort and throw out any broken toys
- Disinfect toys and stuffed animals