

SPRING CLEANING *Checklist*

Kitchen

- ☐ Remove anything that doesn't belong in the room
- ☐ Put everything that stays in its correct spot
- ☐ Clean ceiling air vents
- ☐ Dust ceiling, corners and crown moldings
- ☐ Dust ceiling fan
- ☐ Clean light globes and fixtures
- ☐ Wipe down walls
- ☐ Remove and clean window coverings
- ☐ Clean windows - inside and out
- ☐ Remove all items from cabinets
- ☐ Wipe down cabinet shelves
- ☐ Throw out expired food and spices
- ☐ Organize dishes before putting back into cabinets
- ☐ Organize storage containers
- ☐ Clean and polish cabinet doors
- ☐ Disinfect cabinet knobs and handles
- ☐ Organize and clean freezer - defrost if needed
- ☐ Organize and clean refrigerator shelves
- ☐ Throw away expired food and condiments
- ☐ Clean oven hood and microwave and change filters
- ☐ Clean stove top, burners and drip pans
- ☐ Clean inside of oven
- ☐ Clean sink, polish faucet and handles
- ☐ Disinfect garbage disposal
- ☐ Clean all appliances
- ☐ Sharpen knives and sanitize cutting boards
- ☐ Disinfect counter tops
- ☐ Soak and clean bakeware, pots and pans
- ☐ Clean and organize drawers
- ☐ Remove utensil divider from drawer and disinfect it
- ☐ Clean and disinfect any chairs or tables
- ☐ Organize pantry and throw away expired food
- ☐ Disinfect light switch covers and doorknobs
- ☐ Vacuum refrigerator coils
- ☐ Clean floor corners and baseboards
- ☐ Clean floor vents
- ☐ Vacuum (or sweep) and mop floors

Dining Room

- ☐ Remove anything that doesn't belong in the room
- ☐ Put everything that stays in its correct spot
- ☐ Clean ceiling air vents
- ☐ Dust ceiling, corners and crown moldings
- ☐ Dust ceiling fan
- ☐ Clean light globes and fixtures
- ☐ Dust edges of pictures, mirrors and wall hangings
- ☐ Wipe down walls
- ☐ Remove and clean window coverings
- ☐ Clean windows - inside and out
- ☐ Dust window sills
- ☐ Disinfect light switch covers and doorknobs
- ☐ Declutter hutches and shelves
- ☐ Dust and polish wood cabinets
- ☐ Dust and polish table and chairs including the legs
- ☐ Wash and replace table linens
- ☐ Wash and replace chair cushions
- ☐ Remove any rugs and shake them outside
- ☐ Clean floor corners and baseboards
- ☐ Clean floor vents
- ☐ Vacuum (or sweep) and mop floors
- ☐ Replace rugs

Foyer

- ☐ Clean ceiling air vents
- ☐ Dust ceiling, corners and crown moldings
- ☐ Clean light globes and fixtures
- ☐ Wipe down walls
- ☐ Wipe down door and clean door glass
- ☐ Disinfect light switch covers and doorknobs
- ☐ Clean mirrors
- ☐ Dust edges of pictures, mirrors and wall hangings
- ☐ Dust and polish tables or furniture
- ☐ Empty, clean and organize coat closet
- ☐ Clean or replace entry mat
- ☐ Clean floor corners and baseboards
- ☐ Vacuum (or sweep) and mop floors

SPRING CLEANING *Checklist*

Bathrooms

- Clean exhaust fan
- Dust ceiling and corners
- Clean light globes and fixtures
- Dust edges of pictures, mirrors and wall hangings
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Disinfect light switch covers and doorknobs
- Clean shower head and caddy
- Clean shower curtain and liner
- Clean shower glass and door frame
- Clean water strip around shower door
- Scrub shower and tub
- Use drain cleaner on all drains
- Re-caulk around tub
- Clean the mirror
- Unclog and refill soap and lotion dispensers
- Clean and disinfect toothbrush holders
- Wash the bathroom cup
- Polish faucets
- Disinfect counter tops
- Wash and hang hand towels
- Wipe down cabinets (Polish any wood cabinets)
- Wipe down toilet paper holder and towel racks
- Remove any toilet seat screw rust
- Tighten down toilet seat hinges
- Scrub toilet base, under the seat, inside and out
- Wash inside and outside of trash can
- Wash floor mat(s)
- Clean and re-seal grout and tile
- Clean and organize cabinets and drawers
- Clean floor corners and baseboards
- Vacuum (or sweep) and mop floors

Bedrooms

- Remove anything that doesn't belong in the room
- Put everything that stays in its correct spot
- Pick up, fold, and put away any stray laundry
- Clean ceiling air vents
- Dust ceiling, corners and crown moldings
- Dust ceiling fan
- Clean light globes and fixtures
- Dust edges of mirrors, pictures and wall hangings
- Clean mirrors
- Dust lamps and vacuum lamp shades
- Wipe down walls
- Remove and clean window coverings
- Clean windows - inside and out
- Dust window sills
- Dust and polish furniture
- Disinfect light switch covers and doorknobs
- Strip and wash bedding
- Rotate your mattress and flip it if possible
- Remove items under beds and organize them
- Organize closets
- Organize dressers and nightstands
- Clean floor corners and baseboards
- Clean floor vents
- Vacuum carpet including under bed and furniture
- Shampoo carpet
- Vacuum (or sweep) and mop hard floors

Laundry Room

- Remove any stray clothing items
- Dust ceilings, corners and dryer vents
- Clean any ventilation fans
- Wipe down walls
- Dust and organize any shelving
- Sort and discard unnecessary cleaning products
- (Front load washer only) Clean drain pump and filter
- Clean dryer lint trap screen and let air dry
- Clean out dryer duct with a cleaning kit

SPRING CLEANING *Checklist*

Living Room

- ☐ Remove anything that doesn't belong in the room
- ☐ Put everything that stays in its correct spot
- ☐ Clean ceiling air vents
- ☐ Dust ceiling, corners and crown moldings
- ☐ Dust ceiling fan
- ☐ Clean light globes and fixtures
- ☐ Dust edges of mirrors, pictures and wall hangings
- ☐ Clean mirrors
- ☐ Dust lamps and vacuum lamp shades
- ☐ Wipe down walls
- ☐ Remove and clean window coverings
- ☐ Clean windows - inside and out
- ☐ Dust window sills
- ☐ Dust and polish furniture
- ☐ Dust shelving
- ☐ Dust all electronics
- ☐ Clean TV screen
- ☐ Disinfect light switch covers and doorknobs
- ☐ Vacuum between seat cushions
- ☐ Wash any cushion or pillow covers
- ☐ Wash throw blankets
- ☐ Treat and condition any leather furniture
- ☐ Throw away any old magazines or newspapers
- ☐ Remove any rugs and shake them outside
- ☐ Clean floor corners and baseboards
- ☐ Clean floor vents
- ☐ Vacuum (or sweep) and mop floors
- ☐ Replace rugs

Stairwell

- ☐ Wipe down walls
- ☐ Dust light globes and fixtures
- ☐ Dust edges of pictures, mirrors and wall hangings
- ☐ Disinfect handrail
- ☐ Vacuum (or sweep) and mop stairs
- ☐ Remove scuff marks and touch up paint

Office

- ☐ Remove anything that doesn't belong in the room
- ☐ Put everything that stays in its correct spot
- ☐ Clean ceiling air vents
- ☐ Dust ceiling, corners and crown moldings
- ☐ Dust ceiling fan
- ☐ Clean light globes and fixtures
- ☐ Dust edges of pictures and wall hangings
- ☐ Dust lamps and vacuum lamp shades
- ☐ Wipe down walls
- ☐ Remove and clean window coverings
- ☐ Clean windows - inside and out
- ☐ Dust window sills
- ☐ Dust and polish furniture
- ☐ Dust any shelving and organize the contents
- ☐ Organize desk, drawers and filing cabinets
- ☐ Shred any old or unneeded paperwork
- ☐ Clean computer screen, keyboard and mouse
- ☐ Remove any rugs and shake them outside
- ☐ Clean floor corners and baseboards
- ☐ Clean floor vents
- ☐ Vacuum (or sweep) and mop floors
- ☐ Replace rugs

Toy Room

- ☐ Clean ceiling air vents
- ☐ Dust ceiling, corners and crown moldings
- ☐ Dust ceiling fan
- ☐ Clean light globes and fixtures
- ☐ Dust edges of pictures and wall hangings
- ☐ Dust lamps and vacuum lamp shades
- ☐ Wipe down walls
- ☐ Remove and clean window coverings
- ☐ Clean windows - inside and out
- ☐ Dust window sills
- ☐ Dust any shelving and organize the contents
- ☐ Sort and throw out any broken toys
- ☐ Disinfect toys and stuffed animals