**Camping Packing Checklist**

Use this cheat sheet to remind yourself of what you need to bring along when camping. Adjust the list according to the season.

 Accessories

1. Backpack
2. Bandana
3. Day pack for shorter afternoon hikes
4. Glasses and/or contact lenses, if needed (plus an extra pair)
5. Hiking boots
6. Pack cover
7. Sunglasses
8. Waterproof gloves
9. Wide-brimmed rain or sun hat

Clothing

1. Fleece or wool gloves or mittens
2. Fleece jacket or wool sweater
3. Fleece or wool vest
4. Hiking socks
5. Long-sleeved shirts
6. Quick-drying pants and/or shorts
7. Quick-drying swimsuit
8. Rainwear (tops and bottoms)
9. Regular underwear
10. Short-sleeved shirts
11. Warm hat (fleece or wool)
12. Warm pants (fleece or wool)
13. Wicking liner socks
14. Wicking long underwear

Equipment and Gear

1. Alarm clock
2. Axe
3. Batteries for small electronics and cameras
4. Camera (and film, if needed)
5. Cell phone (to use in case of emergency)
6. Collapsible water container
7. Compression sack (for stuffing bulky sleeping bags into backpacks)
8. Extra nylon stuff sacks
9. Lantern
10. Matches/lighter
11. Rainfly to cover your tent in case of inclement weather
12. Rope
13. Sleeping bag in a waterproof stuff sack
14. Sit pads or sleeping pads to place underneath sleeping bags
15. Stove and fuel
16. Tent
17. Tent stakes
18. Video camera

Food and Cooking Tools

1. Aluminum foil
2. Cooking/eating utensils
3. Cookset and dishes
4. Drinking cups
5. Food
6. Funnel
7. Paper towels
8. Plastic garbage bags
9. Pot grabber
10. Pot scrubber and dish towel
11. Resealable plastic bags
12. Reusable water bottles
13. Water filter/purifier
14. Water-purification tablets

Health and Beauty Items

1. Antibacterial wipes
2. Biodegradable soap
3. Body lotion
4. Comb and brush
5. Contact lens solution (if needed)
6. Deodorant
7. Face cleanser
8. First aid kit laxative, nonaspirin pain reliever, thermometer in a hard case
9. Floss
10. Insect repellent
11. Lip balm (choose one with SPF 15)
12. Personal-hygiene items
13. Prescriptions
14. Razors
15. Shampoo and conditioner
16. Shaving gel
17. Small mirror
18. Sunscreen (at least one all-purpose sunscreen with SPF 15)
19. Toilet paper
20. Toothbrush
21. Toothpaste

Miscellaneous

1. Healthy snacks (chewy granola bars, dried fruit, mini bagels, nuts, and pretzels)
2. Maps and directions
3. Money (cash, ATM cards, traveler’s checks)
4. Printouts of campsite reservations (if necessary)
5. Travel journal

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