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| **Breakup letter for when you just don’t want to commit** |

Name,

It is extremely important that I get this off my chest. Over the past few months, I have really been struggling to keep up with this relationship and I think it is beginning to take a toll on me.

It’s literally not you, I think you are great and if I were in a place where I wanted to have a partner, I think we would be amazing.

But, if we’re going to be honest, you don’t want me to stick around if I know I don’t want to be in this relationship. I think you deserve more than that.

I think it is time we ended this.

I am sorry if this is a surprise. I’m sorry that I have let you down and I hope someday you accept my apology. I just can’t continue in this relationship when, ultimately, it will only hurt us both.

Take care.