**Reading Worksheets**

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| |  |  |  | | --- | --- | --- | | Snow skiing is fun but you must first learn how. On a flat surface, you can combine walking with gliding for the basic **ski walk**. When you reach a hill, you can use the **side step**. To gain firm footing you must **edge** your skis by pressing the sides into the slope. Then you step sideways up the hill with your edges at right angles to the **fall line**, the line a ball would roll down the slope. |  | Skiing downhill in a straight line is called **schussing**. To slow down, you must form a wedge with your skis, closer in front and wider behind. This is called a **snowplow**. Skiing diagonally down a slope is called **traversing**. Of course, the hard part is the turn, the most basic called a **stem turn**. Releasing an edge and skidding sideways is a skill called **side slipping**. It can be used for more advanced methods of turning. | |

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| |  | | --- | | **Using the article above, choose the best word.** | | | |
| |  | | --- | | **You can slow your speed using the  ?  technique.** | | **1.  *snowplow*** | | |  | | --- | | **Gliding across level snow is called the  ? .** | | **2.  \_\_\_\_\_\_\_\_** | | |  | | --- | | **It is easy to climb a hill using the  ? .** | | **3.  \_\_\_\_\_\_\_\_** | |
| |  | | --- | | **To prevent slipping down a slope, you must first  ?  your skis.** | | **4.  \_\_\_\_\_\_\_\_** | | |  | | --- | | **An alternative to going straight down a hill is  ?  at an angle.** | | **5.  \_\_\_\_\_\_\_\_** | | |  | | --- | | **If you are  ? , you are going straight down the snow slope.** | | **6.  \_\_\_\_\_\_\_\_** | |
| |  | | --- | | **To zig-zag down a hill, you can transverse,  ?   and transverse again.** | | **7.  \_\_\_\_\_\_\_\_** | | |  | | --- | | **Releasing your edge causes a controlled slide called  ? .** | | **8.  \_\_\_\_\_\_\_\_** | | |  | | --- | | **The most direct path straight down a hill is called the  ? .** | | **9.  \_\_\_\_\_\_\_\_** | |