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| --- | --- | --- |
| Level of Severity | Systolic | Diastolic |
| Normal |  |  |
| Mild |  |  |
| Moderate |  |  |
| Severe |  |  |

**Blood**

**Pressure Log**

**Name**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| --- | --- | --- | --- | --- | --- |
| **Date** | **AM** | | **Pulse** | | **Remarks** |
| **Blood Pressure** | **Pulse** | **Blood Pressure** | **Pulse** |
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