AREAS OF EXPERTISE

*Voiceovers*

*Regional Accents*

*Lighting & Sound operating*

*Growling*

*Theatre movement*

*Fluent French*

PROFESSIONAL

*Equity member*

*Best Actress Award 2006 (Midlands Region)*

*AFTRA*

PERSONAL DETAILS

*Height;* *5ft 6inches*

*Weight;* *135 lbs*

*Build;* *Athletic*

*Eyes;* *Blue*

*Hair;* *Dark Brown*

*Age:* *24*

*Role ages;* *22 – 35*

CONTACT DETAILS

*Helen Mann*

*Dayjob Ltd*

*The Big Peg*

*Birmingham*

*B18 6NF*

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2. *0870 061 0121*
3. [*info@dayjob.com*](mailto:info@dayjob.com)

*Driving license: Yes*

Helen Mann



Acting Resume

PERSONAL SUMMARY

A motivated, committed and talented actress with strong stage instincts and extensive formal training. Helen is a perfectionist who possesses a solid work ethic which compels her to keep tweaking a acting part until both she and her colleagues are fully satisfied with her performance. She is committed to achieving the highest standard of performance and is always willing to listen and learn from others. I n the past she has worked alongside renowned figures in both studio and independent film company settings. She is energetic, prepared to 'go the extra mile' and is sure to make a real difference to any project she is involved in.

CREDITS

|  |  |  |  |
| --- | --- | --- | --- |
| **Film** | | **Name** | **Character** |
|  | Master Film Productions | Night Call | Karen - 2012 |
|  | FUJI Film | Every day | Michelle - 2011 |
|  | Left Film Productions | Ten seconds | Natalie Hill - 2009 |
| **Television** | |  |  |
|  | Independent Film Company | Everyman | Car Salesperson - 2010 |
|  | North TV Productions | Full Time | East European - 2010 |
|  | Touchman Films | Big Break | Jane Bent - 2009 |
| **Theatre** | |  |  |
|  The Old Grey Lion | | The Raven | Jill Canon - 2009 |
|  | Roving Theatre Company | Faithful Servant | Inn Keeper - 2009 |

KEY SKILLS AND COMPETENCIES

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Music & dance*** |  |  |  |  |
| Sword fighting |  |  | Ballet | Country & Western |
| Period fencing |  |  | Hip Hop | Swing |
| Stage Combat |  |  | Piano playing | Ice skating |
| ***Dialects*** |  |  |  |  |
| North London | Midlands | | Latino | Aristocratic |
| Scottish | Cockney | | Mancunian | Southern American |
| Irish | Scouser | | New Yorker | Welsh |
| ***Singing & vocal*** |  |  |  |  |
| Singing Baritone |  |  | Narrating | Classical singing |
| Voice improvisation | |  | Whistling | Cartoon voices |
| ACADEMIC QUALIFICATIONS | | | |  |
| ***Sparkbrook University*** | | ***2005 - 2008*** | |  |
| BA (Hons) | Acting |  |  |  |
| ***Coventry Central College*** | | ***2002 - 2005*** | |  |
| A levels: | Maths (A) English (B) Technology (B) Science (C) | | | |

REFERENCES – Available on request.

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