## DAILY LESSON PLAN

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| **Introduction/Review:** Today is the first day of our Alcohol and Drug Unit. This will be a 10-day Unit where we focus on all aspects of drugs and alcohol. | **1 min** |
| **Bridging:** Since today is our first day of the new unit, we are going to start off with “The Truth about Drugs and Alcohol: What do You Know?” quiz. This is to see where you are at with your own knowledge of alcohol and drugs. | **1min** |
| **Objective:** By the end of the lesson, students will be able to recognize the “truths” and the “myths” about alcohol and drugs by evidence of “The Truth about Drugs and Alcohol: What Do You Know?” Worksheet. And students will be able to analyze Minnesota student alcohol and drug trends by evidence of group discussion and the “Know Your TrendsGame”. | **1 min** |

**Outline:**

**Task 1:** “The Truth about Drugs and Alcohol: What Do You Know?” activity. (Attached)

Pass out “Truth about Drugs and Alcohol” worksheets to students (attached)

Explain the directions to the students and have them complete the worksheet.

Put transparency of the worksheet on the overhead and go over the worksheet as a class.

Call on Students to answer the questions.

Explain why it is a “truth or myth” to students using the answer sheet. (Attached).

Wrap up activity by letting student know that each of these questions will be covered in our “alcohol and drug” unit and that we will be going into depth on each question.

**Task 2:** “Group Discussion” of Alcohol and Drug Trends

Divide the class into groups of 2.

Hand out packets of “Minnesota Student Alcohol and Drug Trends” (attached).

Have students look at the “data charts” and talk about the following:

What statistics shocked you?

What are the highest percentages in each trend?

Are boys and girls different?

Does grade difference affect the percentages?

Bring class back together and then overview each data table and call on students to share what they found with each table.

**Task 3:** “Know Your Trends Game” activity (attached).

Divide students into 2 groups.

Hand out packets of Surveys of Trends (look at resource).

Give students 15-20 minutes to go over “Surveys of Trends”.

Explain directions of the game. (Attached).

Tell students that they will be using this information in a game later.

Read questions to students (on question/answer sheet) and call on group that raises their hand first.

Give a point to the group that answers the question correctly.

Keep track of score and give candy to the winners of the game.

**Closure:**

What is one “myth” of alcohol and drugs that we talked about today?

What is one “truth” of alcohol and drugs that we talked about today?

What is one trend that you saw today that shocked you?

Why does grade difference affect the percentages in the trend tables?

**Preview:** Tomorrow we will be discussing “risk factors” and reasons why people use and don’t use drugs and alcohol.