**PACKING LIST**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Travel aids** |
|[ ]  Suitcases, backpack |
|[ ]  Itinerary |
|[ ]  Maps and directions |
|[ ]  Language guide |
|[ ]  Travel guide |
|[ ]  Sleeping mask,  |
|[ ]  Travel locks |
|[ ]  Luggage tags |
|[ ]  Pens and paper |
|[ ]  Snacks, drinks |
|[ ]  Small pocketknife  |
|[ ]  Rope, expandable |
|[ ]   |

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| **Toiletries** |
|[ ]  Toothbrush, paste,  |
|[ ]  Deodorant |
|[ ]  Tweezers  |
|[ ]  Soap, shampoo,  |
|[ ]  Towels |
|[ ]  Nailcare |
|[ ]  Tissues, toilet roll |
|[ ]  Feminine hygiene |
|[ ]  Makeup, remover |
|[ ]  Shaving supplies |
|[ ]  Skin products |
|[ ]  hair products |
|[ ]  Glasses, contact lenses |

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| **Clothes** |
|[ ]   Underwear |
|[ ]   Socks |
|[ ]   Sleepwear |
|[ ]   Shirts, polos |
|[ ]   Jeans, trousers, shorts |
|[ ]   Dresses, skirts |
|[ ]   Shoes, sneakers |
|[ ]   Flipflops, slippers |
|[ ]  Jackets, coats,  |
|[ ]   Belts, ties |
|[ ]   Scarves, hats, gloves |
|[ ]  Other |
|[ ]  Other |

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| **Health** |
|[ ]  Medications,  |
|[ ]  First aid kit |
|[ ]  Insect repellent |
|[ ]  ORS  |
|[ ]  Mosquito net |
|[ ]  Birth control, condoms |
|[ ]  Vaccines, health |
|[ ]   Vitamins |
|[ ]   Hand sanitizer |
|[ ]  Other |

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| **General activities** |
|[ ]  Swimsuit and big towel |
|[ ]  Walking shoes |
|[ ]  Sunglasses |
|[ ]  Sunscreen |
|[ ]  Umbrella |
|[ ]  Daypack |
|[ ]  Books, , magazines |
|[ ]  Other |
|[ ]  Other |
|[ ]  Other |

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| **Appliances** |
|[ ]  Cellphone, charger |
|[ ]  Photo camera, ,  |
|[ ]  Laptop, iPad or Tablet,  |
|[ ]  Travel adapter  |
|[ ]  Travel iron |
|[ ]  Flashlight |
|[ ]  Headphones |
|[ ]  Memory card |
|[ ]  Charger |
|[ ]  Converter |
|[ ]  Power bank |
|[ ]  Selfie stick |
|[ ]  Antiradiation glasses |
|[ ]  Other |
|[ ]  Other |
|[ ]  Other |
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|[ ]  Other |
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| **Financial** |
|[ ]  Foreign currency |
|[ ]  Emergency money |
|[ ]  Credit card, debit card |
|[ ]  Extra wallet |
|[ ]  Money belt |
|[ ]  Extra money |
|[ ]  Other |
|[ ]  Other |
|[ ]  Other |
|[ ]  Other |
|[ ]  Other |

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| **Documents** |
|[ ]  Passport, visa |
|[ ]  Tickets for airline,  |
|[ ]  Passport, tickets  |
|[ ]  Boarding pass |
|[ ]  Driver’s license |
|[ ]  Health insurance card |
|[ ]  List of medications,  |
|[ ]  Travel insurance |
|[ ]  Student card |
|[ ]  Other |
|[ ]  Other |

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